

“Happy Trails” Checklist

Before you head out to enjoy the beautiful trails here at Skyline Regional Park, please take a minute to review the “Happy Trails” Checklist to ensure you have a great experience in our Sonoran desert park. Please use common sense and be courteous while on the trails.



Watch the Weather

Yes, “it’s a dry heat” – but Arizona’s temperature can be deceiving and dangerous. Hit the trails when it’s cool outside, try early mornings and evenings when there’s more shade.



Dress Appropriately

Wear proper shoes, clothing, hat and sunscreen.



Bring Water

Hydrate before you go and have plenty of water with you while you are on the trails. Turn around and head back to the trailhead before half your water is gone.



Keep in Contact

Carry a mobile phone and tell someone your start and end times and locations if you’re hitting the trails alone. Better yet, grab a friend. It’s safer and more fun to enjoy the trails with others.



Know Your Limits

Do you have a medical condition? Asthma, heart problems, diabetes, knee or back problems? Don’t push yourself! Choose a trail that is within your ability and your time in the park will be more enjoyable.



Don’t Trailblaze

Enjoy the Sonoran Desert’s beautiful and undeveloped landscape, but always stay on designated trails.



It’s Wild Out There

The park is open and undeveloped desert with rocky terrain, snakes, and cacti. Look ahead and around you and avoid putting your hands and feet anywhere you cannot see. Observe wildlife from a distance and never approach, feed or follow them.



Share the Trail

Follow trail etiquette with other users. In general, bike riders yield to both hikers and horseback riders; hikers yield to horseback riders. However, for all trail users, downhill yields to uphill.