

MAKE A SPLASH

Start building your swimming skills today

The City of Buckeye offers a wide variety of swim lessons at different levels. It is important for students to be registered in the proper level. Please use the age and skill guidelines to help determine the appropriate level. Participants must meet the skill prerequisites to remain in class. Those enrolled in the incorrect level will be moved, space permitting.

NOTE: A minimum of 4 participants is required to conduct the class. Children not potty trained **MUST** wear **SWIM DIAPERS** under swimsuit. **REGULAR DIAPERS ARE NOT PERMITTED IN THE POOL.**

Registrations are accepted on-line at www.buckeyeaz.gov/rec (login required)

Or at the Dr. Saide Recreation Center (1003 E. Eason) * Mon-Fri * 9am-7pm

Residents - \$20/session Non-Residents \$30/session



PARENT & CHILD LESSONS

Parent Tot (6months – 2yrs)

(1:12 ratio) 1 parent per child.

This course introduces infants and toddlers to the water and develops swimming readiness by leading parents and children through water acclimation activities. This class is not swimming lesson.

SWIM DIAPERS REQUIRED

Preschool Prep (2yrs – 3yrs)

(1:5 ratio) 1 parent per child.

This course is designed to develop child's trust with an instructor while being without parent in the water. Class will teach swim readiness and encourage children to learn the following skills.

- Water Acclimation
- Flutter Kick
- Breath Control
- Basic Surface Swimming Progression
- Pop Up Breath
- How to turn around from a seated entry and reach for wall.
- How to swim a U-Turn back to the side of the pool after entering from a standing position and leveling off.

SWIM DIAPERS REQUIRED

PRESCHOOL LESSONS

Preschool 1 (3yrs - 5yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Comfortable in the water without a parent
- Listen and follow simple instruction

SWIM DIAPERS REQUIRED

Preschool 2 (3yrs - 5yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Enter the water independently
- Jump off the side to the instructor
- Submerge face & blow bubbles for 3 seconds.
- Back float for 3 sec with assistance
- Retrieve submerged items in shallow water

SWIM DIAPERS REQUIRED

Preschool 3 (3yrs - 5yrs)

(1:6 ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

- Comfortable in deep water (cannot touch the bottom)
- Back float for 3 sec without assistance
- Push off the wall and front streamline kick to the instructor for 5 yards.

SWIM DIAPERS REQUIRED

REFUND POLICY

It is the City of Buckeye – Recreation Division policy that no refunds will be issued after the start of the course. All refunds must be requested 4 business days prior to the start of the course. A \$2 processing fee will added to each refund request.

Register Today!

www.buckyeaz.gov/rec

SCHOOL AGE LESSONS

Level 1 (5yrs - 12yrs)

(1:5 ratio) Children are required to put their face in the water. Your child is ready for the class if he/she is able to:

- Comfortable in the water
- Listen and follow simple instruction

Level 2 (5yrs - 12yrs)

(1:5 ratio) Your child is ready for the class if he/she is able to:

- Enter the water independently
- Jump off the side into shoulder deep water
- Back float for 3 sec with assistance
- Front streamline kicking off the wall for 5 yards



Level 3 (5yrs - 12yrs)

(1:6 ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

- Front float for 3 sec and then roll onto back float without assistance for 3 sec
- Swim 10 yards backstroke
- Swim 10 yards freestyle

Level 4 (5yrs - 12yrs)

(1:6 ratio) This class is conducted in deep water. Your child is ready for the class if he/she is able to:

- Jump into deep water from wall, recover and swim back to edge of the pool
- Maintain position by floating for 30 sec
- Freestyle for 25 yards (length of pool)
- Backstroke for 25 yards (length of pool)
- Swim 10 yards breaststroke kick

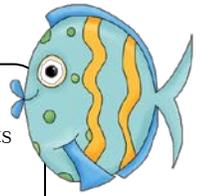
INCLEMENT WEATHER POLICY

The aquatic center will be closed during electrical storms and other inclement weather. If the pool is closed and lessons, classes, programs or open swim time are cancelled, refunds will NOT be given and make up classes will NOT be offered. Always call ahead to verify pool closures.

SPECIALITY LESSONS

Swim Team Prep (8yrs - 17yrs)

(1:10 ratio) This class is designed to teach participants how to further coordinate and refine proper competitive swim strokes. Strokes will include freestyle, backstroke, breaststroke and butterfly.



Learn to Dive (8yrs - 17yrs)

(1:8 ratio) Diving class will focus on the basic diving skills, diving safety, proper techniques, flexibility and fun. This class is geared towards the beginner diver who has had little to no instruction. Participants should be comfortable in deep water, be able to dive in head first and able to swim 50 yards or has completed Level 4.

Teen/Adult (12yrs +)

(1:6 ratio) This class is geared towards teens and adults who want to learn the basics and/or want to improve their swimming techniques.

Private or Semi Private Lessons (any age)

This class is for all ages and all abilities. Instructor structures the class based on the individual's skill level and class size. Groups (up to 3 can) can take lesson together upon request. Classes are based on pool availability. Contact Erin Fort at 623-349-6357 or efort@buckyeaz.gov

Adaptive Lessons (any age)

This class is for individuals with physical and developmental disabilities. Class emphasizes water safety and foundational swimming concepts. 10-15 minutes of unstructured playtime is provided at the end of class for participants to learn through play.



Swim Lesson Schedule

MORNING CLASSES – MONDAY THROUGH THURSDAY						
	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Class Times	5/9-5/19 evening classes only	5/23 – 6/2	6/6 – 6/16	6/20 – 6/30	7/4 – 7/14	7/18 – 7/28
8-8:30am		Parent Tot				
8:30-9am		Level 2	Level 2	Pre-1	Pre-1	Level 1
		Adaptive	Pre-3	Level 2	Level 2	Level 2
8:45-9:15am		Pre-1	Pre-1	Pre-2	Pre-2	Pre-2
			Pre-2	Level 3	Level 3	Level 3
9-9:30am		Level 1	Level 1	Level 1	Level 1	Pre-1
			Level 4	Level 4	Level 4	Level 4
9:15-9:45am		Pre-2	Pre-2	Pre-3	Pre-3	Pre-3
			Level 2	Level 2	Level 3	Level 2
9:30-10am		Level 3	Level 1	Pre-2	Pre-2	Pre-1
			Level 3	Pre-1	Level 1	Pre-2
9:45-10:15am		Pre-1	Pre-1	Pre-1	Pre-1	Level 1
			Pre-2	Level 3	Level 4	Level 3
10-10:30am		Pre-3	Pre-3	Pre-3	Pre-3	Level 2
			Level 2	Level 2	Level 2	Level 4
10:15-10:45am		Level 1	Pre-1	Pre-2	Pre-2	Pre-2
			Level 1	Level 1	Level 1	Pre-3
10:30-11am		Teen/Adult	Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep
			Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult
10:45-11:15am		Swim Team Prep	Adaptive	Adaptive	Adaptive	Adaptive
			Level 1	Level 1	Level 2	Level 3
11-11:30am		Preschool Prep				
		Learn to Dive				



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EVENING CLASSES – MONDAY THROUGH THURSDAY

*Session 2 evening class on June 2nd will be moved to Friday, June 3rd

*Session 4 evening class on June 30th will be moved to Friday, July 1st

	Session 1		Session 2	Session 3	Session 4	Session 5	Session 6
Class Times	5/9-5/19	Class Times	5/23 – 6/3 No class 6/2	6/6 – 6/16	6/20 – 7/1 No class 6/30	7/4 – 7/14	7/18 – 7/28
4:30-5pm		5:15-5:45pm					
	Parent Tot		Parent Tot	Parent Tot	Parent Tot	Parent Tot	Parent Tot
5-5:30pm			Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult	Teen/Adult
	Preschool Prep		Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive	Learn to Dive
5:30- 6pm		5:30-6pm					
	Pre-1		Pre-3	Pre-3	Pre-3	Pre-3	Pre-3
	Level 2		Level 2	Level 2	Level 2	Level 2	Level 2
6-6:30pm		5:45-6:15pm					
	Level 1		Pre-1	Pre-1	Pre-1	Pre-1	Pre-1
	Pre-2		Level 4	Level 4	Level 4	Level 4	Level 4
6:30-7pm		6-6:30pm					
	Level 1		Level 1	Level 1	Level 1	Level 1	Level 1
			Level 2	Level 2	Level 2	Level 2	Level 2
			Pre-2	Pre-2	Pre-2	Pre-2	Pre-2
		6:15-6:45pm					
			Level 3	Level 3	Level 3	Level 3	Level 3
			Adaptive	Adaptive	Adaptive	Adaptive	Adaptive
		6:30-7pm					
			Level 1	Level 1	Level 1	Level 1	Level 1
			Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep	Preschool Prep
			Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep	Swim Team Prep

SATURDAY CLASSES

	Session 1	Session 2
Class Times	May 28 – June 18	July 9 – July 30
8-8:45am	Parent Tot	Parent Tot
	Preschool Prep	Preschool Prep
9-9:45am	Learn to Dive	Learn to Dive
	Private	Private

City of Buckeye
Recreation

