

City of Buckeye
Community Services Department



**Buckeye
Community Center**

201 E. Centre Ave.
Buckeye, AZ 85326
(623) 349-6600
Fax: (623) 349-6611

Hours of Operation:
Monday - Friday
8:00 am - 5:00 pm
www.buckeyeaz.gov

**Buckeye Public
Libraries
Dr. Saide
Recreation Center**
(623) 349-6350

**Area Agency on Aging
Senior Help Line**
(602) 264-4357



**AREA
AGENCY
ON
AGING**

REGION ONE
INCORPORATED



phillipmartin.info



Upcoming Events
CENTER CLOSED JULY 4TH

- Bingo Outing.....July 1st & 22nd***
- Main Event Trip.....July 7th***
- Herberger Lunchtime Theater.....July 12th***
- Old Time Country Party.....July 15th***
- Harkins Movie Day.....July 21st***
- Coffee Bar.....July 28th***
- Lunch Bunch at Oregono's.....July 28th***

Senior Programming



August.....Angry Crab
September.....India Garden
October.....Haus Murphy



Movie & Ice Cream Floats

Friday, July 8th 2 – 4 p.m.

Wednesday, July 27th 1 – 3 p.m.

Exciting programs and activities that are coming up!

AUGUST

Senior Pool Party.....Tuesday, August 9th, 6pm
 Lunch Bunch: Angry Crab.....Thursday, August 18th, 10am
 Disney theme party!.....Friday, August 19th, 10am
 Great American Clothing Exchange.....Tuesday, August 23rd, 10am
 Senior Olympic Day.....Friday, August 26th, 9:30am
 Movie Outing & Lunch.....Tuesday, August 30th, 9:30am

SEPTEMBER

Al Cantara Vineyards.....Thursday, September 8th, 7:30am
 Mystery Trip.....Tuesday, September, 13th, 9:30am
 Pajama Party.....Friday, September 16th, 10am
 Lunch Bunch: India Garden Buffett.....Thursday, September 22nd, 10:30am

*Registration date is always **two weeks prior** to a trip on Wednesday at 9:45am

CITY OF BUCKEYE UPCOMING EVENTS!

Quarter Auction.....Friday, August 26th
9/11 Ceremony.....Sunday, September 11th
Halloween Carnival.....Saturday, October 29th
Community Yard Sale.....Saturday, November 5th
Buckeye Farmers Market.....October 29th & November 19th

For additional information such as hours and location of events
please visit Buckeyeaz.gov/events or call 623-349-6320
[Facebook.com-Recreation](https://www.facebook.com/Recreation) [Facebook.com-Buckeye Public Library](https://www.facebook.com/BuckeyePublicLibrary)
[Facebook.com-Buckeye Senior Program](https://www.facebook.com/BuckeyeSeniorProgram)



TOP 10 HYDRATING FOODS



CUCUMBER
96% Water



GRAPEFRUIT
90% water



CELERY
95% Water



COCONUT WATER
99% water



TOMATOES
94.5% Water



LEMON
90%+ water



WATERMELON
96% water



LETTUCE
95% water



STARFRUIT
92% water



LIME
90%+ water

SPECIAL SENIOR PROGRAMS

Bookmobile Schedule

For July

Wednesday 13th &
Wednesday 27th
from 11 am—Noon



Health Presentations

Sharry Kitzman, R.N.

Blood pressure checks
will return in September

Health Class

First Friday's with Charlotte

My Country Tis off Thee

Friday, July 1, 2016

10:45-11:15am

Benevilla - Home Services Program

Friday, July 22nd

10:30-11:30am

Grandparents Raising Grandkids

A support group providing emotional support,
and assistance in navigating various
social services.

Next meeting: August 23rd 1-2pm

(No meeting in July)

MONTHLY BIRTHDAY CELEBRATION

JULY BIRTHDAYS

It's fun to celebrate your birthday. Come
celebrate your birthday with us. Birthday
celebrations happen on the 2nd Friday of each
month. (Subject to change due to
holidays). Birthday cake and more. All for **YOU**
and others who share your birthday month!

**JULY
BIRTHDAY
CELEBRATION**
Friday, July 8th
11-11:30am

- | | |
|---|--|
| Irene Fernandez
Martha Gayle
Connie Saige
Donna Trzaska
Frank Harris
Dorothy Wysocki (H)
Jim Yoder
Shirley Albertson
Karen Fiori
Joe Johnson
Anabelle Grijalva
Jose Gamboa
Myrl Ernsbarger
Mary Wehmeyer
Betty Wass
Jean Keehn | Daniel Beech
Robert Tuozzo(H)
Pearlina Adams
Mary Thompson
Marylyn Bolden
Jeannie Pryor
Elvin Jensen
Mary Velazco (H)
Russell Wheeler
Cora Bell (H)
Carla Rowan
Shirley Bachko
Judith Glaeseman
Louise Demby
Delfina Torres (H)
Brenda Gomez
Catherine Panzica |
|---|--|



CENTER CONNECTION OUTINGS

***Some outings may include a stop for shopping and or Ice Cream**



Community Bingo

Friday, July 1st & Friday, July 22nd

5:00-10:00pm

REGISTRATION BEGINS

Wednesday, June 22nd &

Wednesday, July 6th at 9:45am

Transportation provided for senior participants. Please register at front desk .

Make sure to get your CARD!



**AREA
AGENCY
ON
AGING**

**REGION ONE
INCORPORATED**



Harkins Movie Day

Thursday, July 21st

9:30am- 3pm

Trip Fee \$2.00

REGISTRATION BEGINS

Wednesday, July 6th

9:45 am

Movie & Lunch on your own



Herberger Lunchtime Theater

Tuesday, July 12th

10:45am-3pm

Trip fee \$6.00

REGISTRATION BEGINS

Wednesday, June 29th at 9:45am

Purchase of lunch on your own



LUNCH BUNCH

Thursday, July 28th

10:30am- 3pm

REGISTRATION BEGINS

Wednesday, July 13th at 9:45 am

Trip fee \$2.00

Purchase of lunch on your own

May include a stop for Ice Cream or Shopping

MEAL PROGRAMS

DAILY LUNCH PROGRAM

In partnership with Area Agency on Aging, the of Buckeye Senior Program offers a daily lunch program for senior participants 60 years and older. Take a look at our monthly lunch menu inside this newsletter!

RECOMMENDED CONTRIBUTION

\$3.00 for participants and guests 60 & older and those participants 18 and over with disabilities.

All other guests & visitors under the age of 60, there is a \$5.00 meal fee.

Lunch begins at 11:30 am with salad bar.

HOME DELIVERED MEAL PROGRAM

Home delivered meals are provided to persons that are unable to leave home because of a disabling physical, emotional or environmental condition and are unable to prepare adequate, nutritious meals for themselves.

For more information call
SENIOR HELP-LINE @ (602) 264-4357

PRIVATE PAY HDM are available at this site. Private Pay meals are \$5.00 per meal.

Coffee & Conversation

Enjoy coffee and friendly conversation
with
Councilmember Brian McAchran
Wednesday, July 20th
From 9-10am

“**AhCOFFEE.** The
sweet balm by
which we shall
accomplish
today's tasks.”

Holly Black
Friday - Sep 14, 2012(2:56 pm)

Did you know?



**3 carrots give you enough energy
to walk 3 miles and that they were
first grown as a medicine, not food.**

SHARE WITH YOUR FRIENDS/FAMILY



City of Buckeye
Community Services Department

Ongoing Senior Adult Programs & Activities

SILVER SNEAKERS PROGRAM

What is Silver Sneakers? Silver Sneakers is the nation's leading fitness program offering customized classes designed to improve range of movement and muscular strength exclusively for older adults.

Who can attend exercise classes? All adults 55 & older may attend the exercise classes, however, will not receive a Silver Sneaker card and/or additional benefits if your health plan coverage doesn't include the Silver Sneakers Program. For more information please contact Sharon Meinders at: (623) 349-6607

Monday, Wednesday & Friday 8:45-9:45am
Tuesday (Yoga) 9:00-10:00am
Thursday (Circuit) 10:30-11:30

**TEXAS HOLD'EM
POINTS BASED POKER LEAGUE**
Tuesdays 1-4pm
League Dates
June 7th-July 26th
Tournament on August 2nd



**FREE GAMES
BRAGGING RIGHTS
PRIZES**

CURRENT EXERCISE & OUTDOOR PROGRAMS

Don't act your age! Stay active!

- ◆ SILVERSNEAKERS
- ◆ SILVERSNEAKERS YOGA
- ◆ SILVERSNEAKERS CIRCUIT(CARDIO)
- ◆ INDOOR EXERCISE EQUIPMENT



“Heads Up” 1-on-1 Poker
Double Elimination Tournament

Thursday, July 21 @1pm
Sign up today to hold your spot!
Registration ends
Wednesday, July 20 at 3pm.



ARTS & CRAFTS

Arts & Crafts are scheduled each Monday from 10-11:30 am. Participants can take part in Arts & Crafts projects each month. Arts or Crafts guest instructors are welcome. If you like doing Arts & Crafts, or if you like teaching Arts & Crafts, please join our program.

We would enjoy having you involved.

INSTRUCTORS WELCOME!



BUCKEYE BLANKETEERS

Crochet, Knit, Sew, or Quilt!

Join the Buckeye Blanketeers the last Thursday of the month. All blankets are donated to Project Linus. Project Linus distributes your homemade blankets to infants, toddlers, children and teens in need of comfort during crisis or illness. We will meet in the exercise room from 12:30 pm until closing time!

Blanketeers will meet:

September 29th from 1-3pm



DROP-IN COMPUTER LAB

Monday - Friday (8- 5pm)

Drop in to type and print a letter, use the Internet, play games, or practice what you are learning in class. There are three computers, with use on a first come basis limited to a two hour maximum.

- **YOU MAY NOT** install software on these computers
- **YOU MAY NOT** download files on these computers
- **TO SAVE** your work, bring a flash drive or **CD** from home. **YOU MAY NOT** save files on these computers.



REMINDERS

PARTIES & SPECIAL EVENTS- Parties and special events are for senior participants. Guests 18 years & older are welcome to attend and are subject to the \$5.00 guest meal FEE! Please refrain from bringing guests 18 years and younger.

TRIP ETTIQUETTE- Please remember to clean up after yourself when we take a casino bus or one of our City vehicles on a trip.

CONTRIBUTIONS- A \$3.00 contribution for meals is suggested. Any amount you would like to donate for transportation is greatly appreciated.

REGISTRATIONS- Payment is due at the time of registration! No exceptions! Space is limited on some trips, and to make it fair for everyone, no spots will be held without payment! Trip fees are

EXERCISE EQUIPMENT

If you are looking to get in shape the Buckeye Community Center has exercise equipment available for seniors and active adults. Two commercial grade treadmills, stationary bike & multi-use gym are currently available for use. Exercise area is open Monday-Friday: 8-5pm. Please use the equipment wisely. Staff is available to assist if you have questions or need help.



CITY OF BUCKEYE SENIOR SITE COUNCIL

The Buckeye Senior Program Site Council meets the second Wednesday of each month to advise the Buckeye Senior Program Staff on matters relating to the delivery of services. The site council is not a separate entity from the Senior Program and serves as an advisory committee to the Senior Program Staff.

Site Council Key Function

- Advising
- Coordinating
- Planning
- Evaluating
- Implementing
- Advocating



Next Site Council Meeting Date:
Wednesday, September 14th
9:15-9:45am

**ALL
WELCOME**

The City of Buckeye Community Services staff would like to welcome you to the Buckeye Community Center. The Community Center is here for your enjoyment and to provide services to the Buckeye Community and its visitors.

Please take the time to read our Courtesy Guidelines posted within the Community Center. They are for the enjoyment and safety of all our guests, customers, and staff. If you have any questions, please feel free to ask one of our Community Services staff members.

Thank you!

JULY 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1</p> <p>Silver Sneakers 8:45-9:45am First Friday's w/ Charlotte 10:45-11:15am Bingo 12:45pm Bingo Outing 5-10pm Pinnacle 1:15-4pm</p>
<p>4</p> <p>CLOSED</p> 	<p>5</p> <p>Silver Sneakers Yoga 9:00-10:00am Texas Hold'em 1-4pm</p>	<p>6</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>7</p> <p>Silver Sneakers Circuit 9:00-10:00am Main Event Trip 9:30am-3pm</p>	<p>8</p> <p>Silver Sneakers 8:45-9:45am B-Day Bash 11-11:30am Bingo 12:45pm Movie & Ice Cream Float 2-4pm</p>
<p>11</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Open Wii 1-3pm</p>	<p>12</p> <p>Silver Sneakers Yoga 9:00-10:00am Herberger Lunchtime Theater 10:45am-3pm Texas Hold 'em 1-4pm</p>	<p>13</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>14</p> <p>Silver Sneakers Circuit 9:00-10:00am</p>	<p>15</p> <p>OLD TIME COUNTRY PARTY! 10am-Noon Bingo 1:16ish pm Pinnacle 2:15-5pm</p>
<p>18</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Open Wii 1-3pm</p>	<p>19</p> <p>Silver Sneakers Yoga 9:00-10:00am Texas Hold 'em 1-4pm</p>	<p>20</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>21</p> <p>Silver Sneakers Circuit 9:00-10:00am Harkins Movie Day 9:30am-3pm Heads Up 1 on 1 Poker 1pm-?</p>	<p>22</p> <p>Silver Sneakers 8:45-9:45am Benevilla 10:30-11:30am Bingo 12:45pm Pinnacle 1:15-4pm Bingo Outing</p>
<p>25</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Open Wii 1-3pm</p>	<p>26</p> <p>Silver Sneakers Yoga 9:00-10:00am Texas Hold 'em 1-4pm</p>	<p>27</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm Movie & Ice Cream Float 2-4pm</p>	<p>28</p> <p>Coffee Bar 7:30-9am Silver Sneakers Circuit 9:00-10:00am Lunch Bunch: Oregano's 10:30am-3pm</p>	<p>29</p> <p>Silver Sneakers 8:45-9:45am Bingo 12:45pm Pinnacle 1:15-4pm</p>

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>BBQ Chicken Corn Fruit</p>
<p>4</p> <p>CLOSED</p>	<p>5</p> <p>Pot Roast California Blend Green Beans WW Roll Pasta Peaches w/ Cottage Cheese</p>	<p>6</p> <p>Sliced Ham Mashed Potatoes Glazed Carrots WW Roll Peaches</p>	<p>7</p> <p>Roast Pork Zucchini Peas & Carrots Biscuit Gelatin w/ Fruit Cocktail</p>	<p>8</p> <p>Stuffed Peppers Brussels Sprouts WW Bread Rice Pineapple</p>
<p>11</p> <p>Fish Sandwich California Blend Sliced Pears</p>	<p>12</p> <p>Veggie Pizza Tossed Salad Oatmeal Cookie</p>	<p>13</p> <p>Chicken Pot Pie Corn Sliced Pears</p>	<p>14</p> <p>Spaghetti & Meat Balls Broccoli Green Beans Bread Stick Mandarin Oranges</p>	<p>15</p> <p>OLD TIME COUNTRY PARTY</p> <p>Cheeseburgers Corn Tater Tots Watermelon</p>
<p>18</p> <p>Pork Chop Peas & Carrots Mashed Potatoes WW Roll Pineapple Chunks</p>	<p>19</p> <p>Teriyaki Chicken Brussels Sprouts Brown Rice Mandarin Oranges</p>	<p>20</p> <p>Roast Beef California Blend Green Beans WW Bread Buttered Noodles Strawberries</p>	<p>21</p> <p>Fruit Plate w/ Cottage Cheese & Egg Tomato Wedges Celery Sticks Carrot Cake Muffin WW Bread</p>	<p>22</p> <p>Beef Tips & Gravy over Rice Succotash Broccoli WW Roll Orange Slices</p>
<p>25</p> <p>Oven Baked Chicken Italian Veggies Stewed Tomatoes Biscuit Banana</p>	<p>26</p> <p>Turkey Sandwich Chicken Noodle Soup Crackers Orange Slices</p>	<p>27</p> <p>Taco Salad Fiesta Mix Spanish Rice Fruit</p>	<p>28</p> <p>Meat Loaf Glazed Carrots Cauliflower WW Roll Pineapple</p>	<p>29</p> <p>Sweet & Sour Chicken Oriental Blend Veggies Lima Beans Blended Rice Peaches</p>

5 tips for falling safely



Tip 1: Keep your head up

- If you're falling backward, tuck your chin to your chest so your head doesn't hit the ground. You should also place a hand behind your head to act as a barrier.

If you're falling forward, turn your head slightly to the left or right so your face and nose don't directly hit the ground. (Just don't turn your head all the way to the side or you could injure your neck.)

Tip 2: Use your hands

- If you're falling to the left side, use your left palm and your right palm if you're falling to the right.
- Always use the palms of your hands to catch you. (Using the backs of your hands could break your wrists.)

Make sure you don't lock your elbows.

Tip 3: Breathe normally

- When you breathe out normally, your body will be more flexible and relaxed. This will greatly reduce your risk of a serious injury.
- Breathing out as much as possible may increase your risk of injuries because your body will tense up. Instead, only breathe out as much as the task would normally require.

If possible, exhale just before the impact so that you don't get the wind knocked out of you.

Tip 4: Fold your body

- Try to think of yourself like an accordion. You want your body to fold into itself.
- Start with bending your ankles, knees and then your hips.

Think about decreasing how far you'll have to fall. If you're 6' and fall to the ground from this height, you're more likely to be injured than if you folded up your body and hit the ground from a height of 2'.

Tip 5: Remember to roll

- If you're on a step stool or falling from another height, you want to distribute the force of the impact throughout your body. This will cause less injury than if you hit the ground in just one place.
- Roll to the side, bringing your knees into your chest.

If you're falling backward, try to bend at your knees and squat before you hit the floor. ground. Think about curling on to your back and roll on it.



Buckeye Community Center proudly presents

OLD TIME COUNTRY PARTY

Let's Celebrate America! Come on down for some old fashioned, all American fun!

FRIDAY, JULY 15TH

10AM-NOON



RAFFLE

SNACKS

DANCING



Fun exercises to do!

Tips for getting more active—and liking it: Exercise and fitness as you age!

If you dread working out, it's time for a mental makeover. Getting active may feel awkward or unnatural at first, but the longer you stick with a regular exercise routine, the more you'll come to enjoy it. Once you start reaping the rewards and noticing the changes to the way you feel, you'll find it easier to stay motivated. In time, you'll even look forward to your workouts.

Until that point, don't view exercise as a bothersome task to check off your "to do" list. Look at it as part of your healthy lifestyle, like eating and sleeping well. There are plenty of ways for older adults to make exercise a pleasurable part of everyday life. Start small—even exercising for five or ten minutes a day is better than nothing. You can gradually build up once it's become habit. Here are some other ways to make exercise part of your lifestyle:

Choose activities and exercises you enjoy

Think about activities that you enjoy and how you can incorporate them into an exercise routine.

- Window shop while walking laps at the mall.
- Listen to music while lifting weights
- Get competitive while playing tennis.
- Take photographs on a nature hike.
- Meet new people at a yoga class or fitness center.
- Watch a favorite movie or TV show while on the treadmill.
- Instead of chatting with a friend over coffee, chat while walking, stretching, or strength training.
- Walk the golf course instead of using a cart.
- Walk or play fetch with a dog—it can be as good for you as it is for the animal. If you don't own a dog, offer to take a neighbor's dog for a walk or volunteer at a pet shelter.
- Go for a run, walk, or cycle when you're feeling stressed—see how much better you feel afterwards.
- Find an exercise buddy, someone whose company you really enjoy, and try activities you've never tried before—you may find something you love. At worst, you would have spent time with a good friend.



FIND EASY WAYS TO ADD MORE PHYSICAL ACTIVITY TO YOUR DAY

Being active doesn't have to be limited to your workout times. There are plenty of ways to become more active as you go about your day.

- **Active on the go:** Always choose stairs over the elevator, park at the far end of the parking lot when arriving at appointments and meetings, walk down every aisle of the grocery store while shopping, practice balancing skills while standing in line, do neck rolls while waiting at a stoplight.
- **Active at Home:** Do a set of wall pushups while waiting for water to boil, vigorously vacuum (and cut time off your household), tend to the garden, sweep the sidewalk, rake leaves instead of using a leaf blower, lift weights while watching the news, try toe raises while talking on the phone, do knee bends after sitting for a long period of time.

FOCUS ON THE BENEFITS IN YOUR DAILY LIFE

The most rewarding part of beginning a fitness routine is noticing the difference it makes in the rest of your life. Even if you begin exercising with a few simple stretches while seated or a short walk around the block, you'll notice an improvement in how you feel as you go about your day.

- **House cleaning, gardening, shopping, and errands.** Want to feel less winded while cleaning or rushing to and from appointments? Doing just 15 to 20 minutes of heart-healthy cardio each day, such as walking, biking, swimming, or water aerobics will help give you the stamina you need.
- **Lifting grandchildren, carrying groceries, household chores.** Building muscle mass a few times each week through weight lifting, resistance exercises, and weight machines will help give you more strength.
- **Crossing the street before the lights change, catching yourself before you fall.** Power exercises such as tricep dips, chair stands, or other strength exercises performed quickly, can improve strength, speed, and reaction times.
- **Tying shoes, looking behind you while driving, navigating steps.** Incorporating basic stretching—even while seated—into your fitness routine will make the most ordinary movements easier. Try yoga, Pilates, Tai Chi, or Qi Gong to limber up.

LET'S EAT!

MEXICAN TACO SALAD

***Fort Worth Star Telegram Prize Winner...

Ingredients:

- 1 lb. ground beef cooked with steak seasoning
- 1 large head of Lettuce
- 1 lb. Cheddar Cheese, grated
- 2 tomatoes, diced
- green onions, finely sliced
- 1 (15 oz.) can Ranch Style Beans, chilled
- 3/4 bottle Catalina dressing, chilled
- 1/2 package Fritos, crushed

Instructions:

Prepare lettuce as for any tossed salad. Drain and wash chilled beans; add these, the diced tomatoes, sliced green onions, grated cheese, and dressing. Chill 30 minutes to an hour before serving. Crushed Fritos are added and mixed well immediately before serving. Generously serves 10. Enjoy!



*Mom's Taco Salad
w/ Fritos and Catalina Dressing*

Scattered Thoughts of a Crafty Mom

PUZZLE PAGE

**Celebrate a
SAFE & HAPPY
JULY 4TH!**



Word Search

Q	G	P	Q	G	P	W	N	O	E	E	R	F	K	M
W	N	O	I	T	A	R	A	L	C	E	D	T	Z	J
I	S	L	P	A	T	R	I	O	T	I	C	Y	U	P
N	N	M	F	K	H	T	D	E	M	A	H	L	S	I
D	O	J	R	Z	O	Y	A	H	U	S	Y	I	X	C
E	I	H	E	A	L	U	S	I	I	L	U	P	C	N
P	T	I	E	S	I	I	X	Y	T	E	F	A	S	R
E	A	U	D	G	D	O	C	Y	P	I	R	R	C	V
N	R	Y	O	C	A	P	I	H	L	U	V	A	I	Q
D	B	R	M	I	Y	L	U	V	T	J	Q	D	N	A
E	E	V	L	F	V	M	F	Q	K	R	A	E	C	Y
N	L	A	C	I	R	E	M	A	B	Q	U	S	I	A
C	E	A	M	E	A	B	Q	S	H	I	Q	O	P	D
E	C	S	B	Q	Y	L	I	M	A	F	W	N	F	A
H	I	F	I	R	E	W	O	R	K	S	E	C	L	V

See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2012

- | | | | |
|------------|--------------|-----------------|------------------|
| 1. FOURTH | 5. DAY | 9. CELEBRATION | 13. INDEPENDENCE |
| 2. JULY | 6. PICNICS | 10. PARADES | 14. AMERICA |
| 3. HOLIDAY | 7. FIREWORKS | 11. FAMILY | 15. PATRIOTIC |
| 4. FLAG | 8. SAFETY | 12. DECLARATION | 16. FREEDOM |

GOING...GOING... GONE!

Buckeye
Community
Services
Department
presents the

Quarter Auction

FRIDAY, AUGUST 26
DOORS OPEN AT 5PM - AUCTION BEGINS AT 6PM

**DR. SAIDE
RECREATION CENTER
1003 E. EASON AVE**

The Quarter Auction is a cross
between an auction and a raffle...
it's fun for the whole family!

Items from home-based
business vendors are auctioned
off for 1-2 quarters per item.

**SEATING IS LIMITED -
BRING QUARTERS (LIMITED
AMOUNT FOR SALE)
CASH ONLY EVENT**

*Tickets
only \$3*

**TICKET INCLUDES
1 BIDDING PADDLE,
REFRESHMENTS AND RAFFLE
TICKET. ADDITIONAL RAFFLE
TICKETS AND PADDLE ARE \$1**

**RSVP by 4pm August 24th to Philip Yabes
at 623-349-6604 or pyabes@buckeyeaz.gov**

