

SEPTEMBER 2019

Funded in part by:
Area Agency on Aging
SUGGESTED CONTRIBUTION:
\$3.00
Lunch served Monday-Friday
11:30-12:30. Excluding Party days

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED</p> 	<p>3</p> <p>Chicken Fried Steak Mashed Potatoes Garden Salad Biscuit Tropical Fruit</p>	<p>4</p> <p>Spaghetti & Meat Sauce Green Beans Spinach Garlic Bread Pineapple</p>	<p>5</p> <p>Baked Ham w/ Raisin Sauce California Blend Veggies Sweet Potatoes WW Roll Peaches</p>	<p>6</p> <p>Fish & Chips Mixed Veggies Garlic Bread Fresh Apples</p>
<p>9</p> <p>Fruit Plate w/ Boiled Egg Cucumbers Pickled Beets WW Crackers</p>	<p>10</p> <p>Chicken Fajitas Refried Beans Spanish Rice Pineapple Salsa</p>	<p>11</p> <p>Cheeseburger Sweet Potato Fries Macaroni Salad Cantaloupe</p>	<p>12</p> <p>Tuna Croissant Sandwich Tomato Wedges Carrots & Celery Sticks Fresh Strawberries</p>	<p>13</p> <p>Pork Fried Rice Oriental Veggies Mandarin Oranges Fortune Cookie</p>
<p>16</p> <p>Fresh Tilapia California Blend Veggies Rice Pilaf WW Roll Tropical Fruit</p>	<p>17</p> <p>Roast Beef Tips Succotash Spinach w/ Sundried Tomatoes Mashed Potatoes Fruit Cocktail</p>	<p>18</p> <p>Pork Ribs Peas Garden Salad WW Roll Fresh Pear</p>	<p>19</p> <p>Veggie Pizza Garden Salad Pineapple Chunks</p>	<p>20</p> <p>¡Fiesta de Cancun! Chicken Enchilada Casserole Mexican Slaw Spanish Rice Tropical Fruit</p>
<p>23</p> <p>Homemade Sloppy Joies Spinach Tater Tots Peaches</p>	<p>24</p> <p>Pork Chops w/ Mushroom Gravy Mashed Potatoes Stewed Tomatoes WW Roll Fresh Apple Slices</p>	<p>25</p> <p>Chicken Pot Pie Peaches V-8 Juice</p>	<p>26</p> <p>Fresh Tilapia Broccoli Steamed Herb Carrots Brown Rice Banana Oatmeal Cookie</p>	<p>27</p> <p>Veggie Lasagna Steamed Glazed Carrots Garden Salad Garlic Bread Baked Apples</p>
<p>30</p> <p>BBQ Pulled Pork Sandwich Normandy Blend Veggies Coleslaw Fresh Orange Slices</p>				