



STARFISH SWIMMING LESSONS

BUILDING CONFIDENCE AND SKILLS FOR ALL AGES



Buckeye offers a wide variety of swim lessons at different levels. It is important for students to be registered in the proper level. Please use the age and skill guidelines below to help determine the appropriate level. Participants must meet the skill prerequisites to remain in class. Those enrolled in the incorrect class level will be moved if space permits.

NOTE: A minimum of 4 participants are required to conduct the class. Children not potty trained MUST wear SWIM DIAPERS under swimsuit. REGULAR DIAPERS ARE NOT PERMITTED IN THE POOL.

PROGRAM FEES:

Residents
\$20/session

Non-Residents
\$30/session

The City of Buckeye offers Starfish Swimming Lessons, a renowned curriculum for ages 6 months to adult. Our program sets benchmarks integrating swimming and safety skills, fostering creativity and comfort in the water. From the outset, we instill correct swimming techniques, facilitating an effortless transition to swim team.

SESSION 1
5/26-6/5

SESSION 2
6/9-6/19

SESSION 3
6/23-7/3

SESSION 4
7/7-7/17

SESSION 5
7/21-7/31

STARBABIES™ ADULT AND INFANT AGES 6-18 MONTHS

SESSIONS 1-5

Morning Sessions: 8-8:30 a.m.

Evening Sessions: 5-5:30 p.m.

STARTOTS™ ADULT AND INFANT AGES 1-2 AND 3-4 YEARS

SESSIONS 1-5

Morning Sessions: 9:25-9:55 a.m.

Evening Sessions: 6:10-6:40 p.m.

These courses aim to build water comfort in young children while educating accompanying adults in water safety. While not focused on swimming proficiency or survival skills, they offer a nurturing, confidence-building experience.

Each child must have one adult in the water, and swim diapers are mandatory.

STARFISH SWIM SCHOOL® FOR TEENS AND ADULTS AGES 13+

SESSIONS
1-5

Morning Sessions: 8:35-9:05 a.m.

Evening Sessions: 5-5:30 p.m.

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

STARFISH STROKE SCHOOL™ AGES 7-12

This course is for students who have achieved the green Swim School core stage achievement (reference table on page 11). Students refine freestyle and learn stroke technique for backstroke, butterfly, and breaststroke, and also develop endurance.

SESSIONS 1-5	Morning Sessions: 10:20-10:50 a.m.	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5
	Evening Sessions: 5:35-6:05 p.m.	Freestyle & Backstroke	Freestyle & Backstroke	Butterfly & Breaststroke	Butterfly & Breaststroke	Endurance
SESSIONS 2-5	Morning Sessions: 11:30-Noon		SESSION 2	SESSION 3	SESSION 4	SESSION 5
			Butterfly & Breaststroke	Freestyle & Backstroke	Freestyle & Backstroke Endurance	Freestyle & Backstroke Butterfly & Breaststroke



REGISTRATIONS ARE ACCEPTED ONLINE AT [BUCKEYEAZ.GOV/REC](https://www.buckeyeaz.gov/rec)
OR IN PERSON AT DR. SAIDE RECREATION CENTER OR SUNDANCE RECREATION CENTER



STARFISH SWIM SCHOOL® FOR PRESCHOOLERS AGES 4–6

This course caters to children aged 4 to 6, fostering water comfort, readiness to swim, and for those ready, functional swim skills. Through fun, creative water activities, students progress at their own pace in a small-group setting, aiming to achieve five competencies and benchmarks listed in the core skill achievement stages.

STARFISH SWIM SCHOOL® FOR YOUTH AGES 7–12

Students work toward development of the five core skill swimming achievement stages using age-appropriate learning activities. Learning is self-paced but challenging.

CORE SKILL ACHIEVEMENT STAGES (ALL AGES)

W WHITE GROUP	If the student is afraid of water, can't swim at all, or will not get wet sign up for white group.
R RED GROUP	If the student can't swim without support but loves the water, will get face wet, and will jump in sign up for red group.
Y YELLOW GROUP	If the student is not afraid, can float on front and back, and can jump in and return to the surface sign up for yellow group.
B BLUE GROUP	If the student can swim underwater or on the surface, and can get an occasional breath sign up for blue group.
G GREEN GROUP	If the student can tread water for at least 15 seconds and can swim freestyle with rotary (side) breathing sign up for green group.

	SESSION 1 5/26–6/5	SESSION 2 6/9–6/19	SESSION 3 6/23–7/3	SESSION 4 7/7–7/17	SESSION 5 7/21–7/31
MORNING CLASSES					
8–8:30 a.m.	B 7–12 R Y 7–12	B 7–12 R Y 7–12	B 7–12 R Y 7–12	B 7–12 R Y 7–12	Y B 4–6 R Y 7–12
8:15–8:45 a.m.	W R 4–6 R Y 4–6	W R 4–6 R Y 4–6	W R 4–6 R Y 4–6	W R 4–6 R Y 4–6	W R 4–6 R Y 4–6
8:35–9:05 a.m.	B 4–6 W R 7–12	B 4–6 G 7–12	B G 4–6 R Y 7–12	B 4–6 Y B 7–12	Y B 7–12 G 7–12
8:50–9:20 a.m.	R Y 4–6 R Y 7–12	R Y 4–6 R Y 7–12	R Y 4–6 R Y 7–12	R Y 4–6 R Y 7–12	R Y 4–6 R Y 7–12
9:10–9:40 a.m.	W R 4–6 W R 7–12 Y 7–12	R Y 4–6 Y B 4–6 B 7–12	Y 4–6 R Y 7–12 B 7–12	Y 4–6 Y 7–12 B 7–12	G 4–6 Y 7–12 B 7–12
9:45–10:15 a.m.	G 7–12 Y B 7–12 <i>Adaptive</i>	R Y 4–6 G 7–12 <i>Adaptive</i>	R Y 4–6 G 7–12 <i>Adaptive</i>	Y B 7–12 G 7–12 <i>Adaptive</i>	Y B 7–12 G 7–12 <i>Adaptive</i>
10–10:30 a.m.	W R 4–6 R Y 7–12	W R 4–6 R Y 7–12	W R 4–6 R Y 7–12	G 4–6 R Y 7–12	R Y 7–12 B 7–12
10:20–10:50 a.m.	R Y 4–6 B 7–12	R Y 7–12 B 7–12	Y B 4–6 B 7–12	R Y 4–6 B 7–12	R Y 4–6 Y B 4–6
10:35–11:05 a.m.	R Y 4–6 W R 4–6	R Y 4–6 W R 4–6	R Y 4–6 W R 4–6	R Y 4–6 W R 4–6	R Y 4–6 W R 4–6
10:55–11:25 a.m.	R Y 7–12 Y 7–12 <i>Adaptive</i>	R Y 7–12 B 7–12 <i>Adaptive</i>	R Y 7–12 W R 7–12 <i>Adaptive</i>	R Y 7–12 Y B 7–12 <i>Adaptive</i>	R Y 7–12 B 7–12 <i>Adaptive</i>
11:10–11:40 a.m.	Y B 4–6 W R 7–12	Y B 4–6 W R 7–12	R Y 7–12 Y B 7–12	Y B 4–6 R Y 7–12	Y B 4–6 G 7–12
11:30–Noon	R Y 4–6 R Y 7–12 <i>Learn to Dive</i>	R Y 7–12 <i>Learn to Dive</i>	R Y 7–12 <i>Learn to Dive</i>	<i>Learn to Dive</i>	<i>Learn to Dive</i>
EVENING CLASSES					
5–5:30 p.m.	Y 7–12	Y 7–12	Y 7–12	Y 7–12	Y 7–12
5:15–5:45 p.m.	W R 4–6 Y 4–6	W R 4–6 Y 4–6	W R 4–6 Y 4–6	W R 4–6 Y 4–6	G 4–6 Y 4–6
5:35–6:05 p.m.	R Y 4–6 <i>Adaptive</i>	R Y 4–6 <i>Adaptive</i>	R Y 4–6 <i>Adaptive</i>	R Y 4–6 <i>Adaptive</i>	R Y 4–6 <i>Adaptive</i>
5:50–6:20 p.m.	R Y 7–12	R Y 7–12	R Y 7–12	R Y 7–12	B 4–6 R Y 7–12
6:10–6:40 p.m.	R Y 4–6 W R 7–12	R Y 4–6 W R 7–12	R Y 4–6 W R 7–12	R Y 4–6 B 7–12	B 7–12 G 7–12
6:25–6:55 p.m.	W R 4–6 R Y 7–12	W R 4–6 R Y 7–12	W R 4–6 R Y 7–12	Y B 4–6 R Y 7–12	Y B 4–6 <i>Learn to Dive</i>